

Behavioral Conditioning in BASIC TRAINING

Thursday, October 24th 2024

1:00 PM – 2:00 PM ET



DESCRIPTION:

There is a great divergence in philosophy with law enforcement basic training programs between stress and non-stress academies. This topic takes a different approach exploring emotional regulation, the types of stressors, the correlation between stress and association to achieve functional learning, and behavioral conditioning. We will then discuss developing effective behavioral conditioning strategies to enhance contextual skills sets such as critical thinking, decisiveness and judgment, initiative, accountability, composure, and resolve in the context of performing law enforcement tasks.

CONCEPTS:

- A. Emotional regulation.
- B. Training stressors.
- C. Stress association relationships.
- D. Behavioral conditioning.

SPONSOR:



INSTRUCTOR:

JESSE CURTIS

Deputy Director, Wyoming
Law Enforcement Academy

I have been a full-time trainer at WLEA since March 2013 primarily specializing in defensive tactics, use of force, and search and seizure. I am currently responsible for all curriculum development and delivery. I am 5 years into a project to produce a vocationally premised, evidence-driven, learner-centered, outcome-based, concept-oriented training structure for all basic and advanced training at WLEA. I have been an avid student of the scientific concepts associated with learning and performing in a variable, unpredictable, and emotional environment since 2014.

LEARNING OBJECTIVES:

1. Define the two primary factors involved in emotional regulation.
2. Define and distinguish between internal and external stressors in the context of law enforcement training.
3. Correlate stress and environmental associations with recall.
4. Accurately interpret the meaning of the term "behavioral conditioning" in the context of law enforcement training.
5. Recognize strategies to integrate behavioral conditioning into training environments that produce contextual skill sets.

REGISTRATION:

https://us06web.zoom.us/webinar/register/WN_KcVeq2HwTfe4GJupgUoPFA